

# HIMMAT UMMID

## The Himmat Project

34/36 Hanson Lane  
Halifax  
West Yorkshire  
HX1 5NX

Telephone: 01422 348045

Himmat - Charity No. 1059600

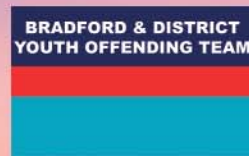
Himmat is a company limited by guarantee - No. 3277918

## The Ummid Project

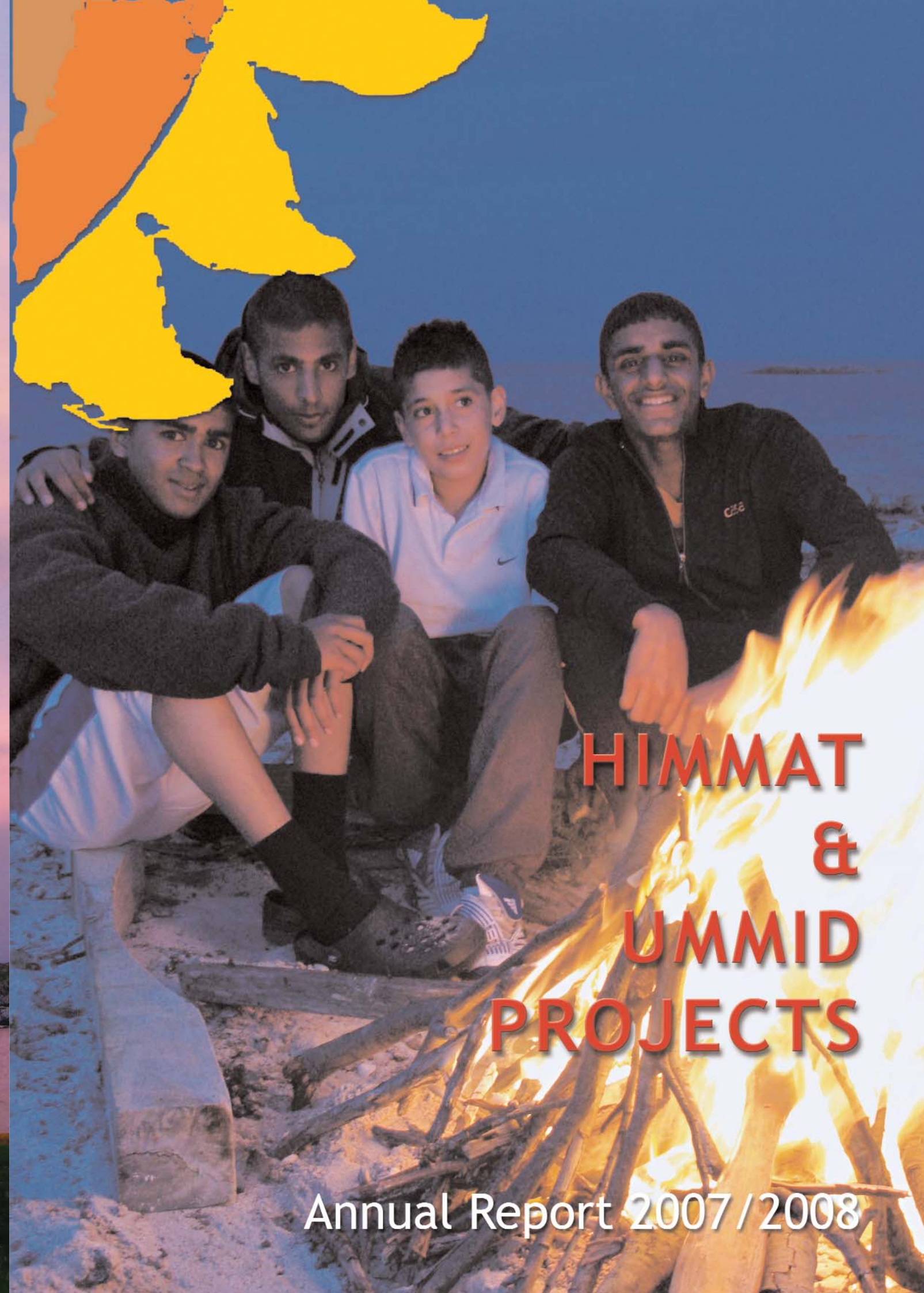
YMCA Building, McMillan Centre  
Dorset Street, Little Horton  
Bradford  
BD5 0LT

Telephone: 01274 577866

Supported by:



*"Working to make Halifax a vibrant multi-cultural and self-sustaining community"*



# HIMMAT & UMMID PROJECTS

Annual Report 2007/2008

Activity	Number of New Members	Number of Sessions	Total Attendances	Average per Session
Youth Centre	10	75	1420	18.9
Homework Drop-In	53	76	2146	28.2
Friday Activities	61	52	2349	45.2
Summer 'K2' Scheme	25	17	389	22.9
Saturday Club	20	40	1532	38.3
<b>Totals</b>		<b>260</b>	<b>7836</b>	<b>30.1</b>

All contracts, which include RAP, RIO and Probation, achieved the contractual targets.

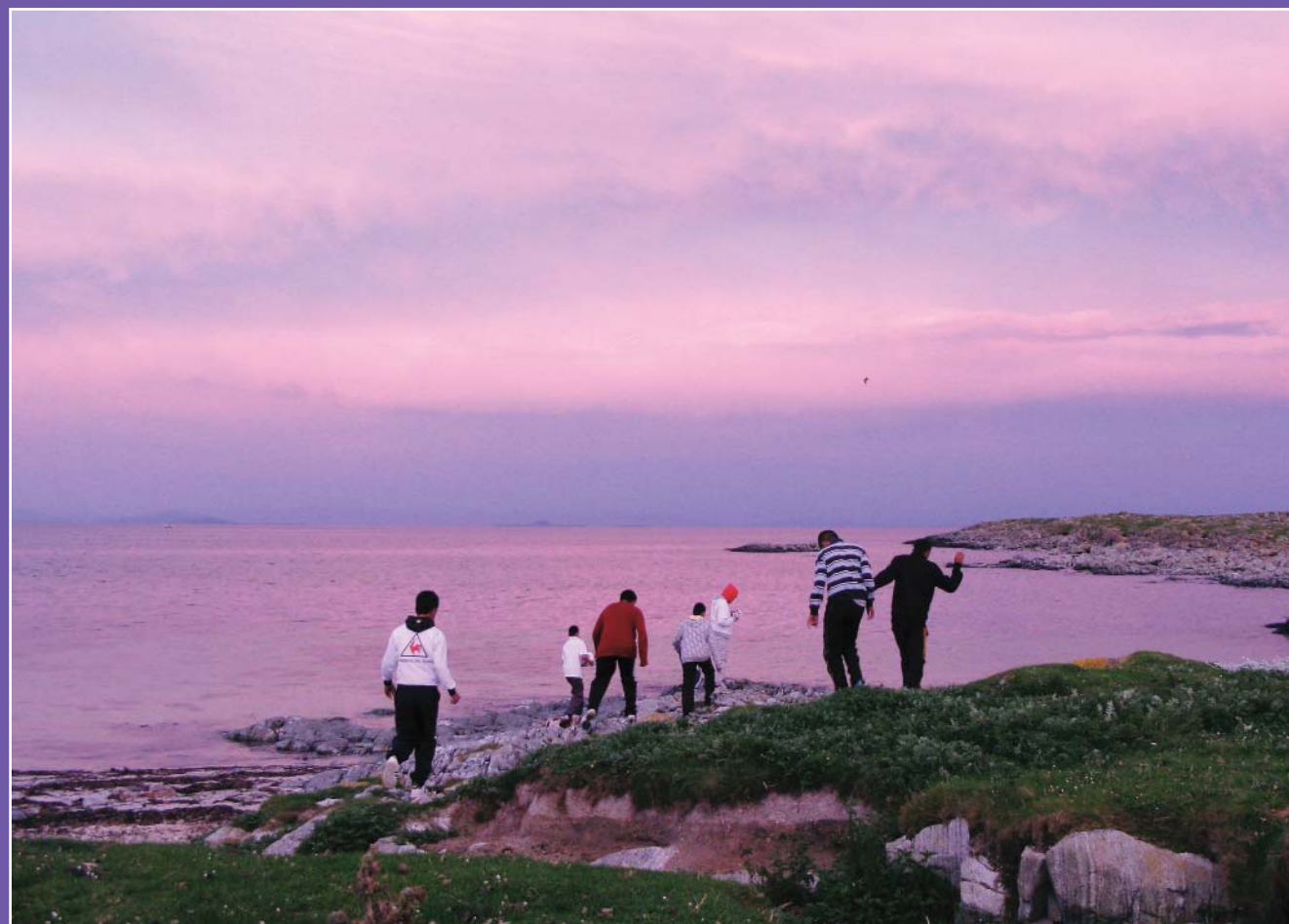
### Himmat Management Committee

Robin Prescott (Chair)	Bill Davenport (Observer)
Richard Smith (Secretary)	Stuart MacPherson (Observer)
Mohamed Aslam MBE BEM (Director)	Shabina Mir (Observer)
Chris Sonne	Fiona Graham (Observer)
Dipika Kaushal	Jeff Rafter (Observer)
Peter Henning	Joan Scott (Observer)
Pauline Nash	
Jenny Lynn	

### Himmat Trustees

Chris Sonne  
Robin Prescott  
Rob Clegg  
Richard Smith  
Pauline Nash  
Keith MacDonald

**Treasurer** - West Yorkshire Probation Board  
**Auditors** - Torvill Dent



## Thank You

Himmat extends a big thank you to the huge list of volunteers who have left their mark in the community. Especially those who gave their time and effort on a regular basis.

### Full-time Staff

Mohamed Aslam MBE, BEM <i>Project Director</i>	Farzana Qamar <i>Ummid Second Chances Project Worker</i>
Rahat Khan <i>Senior Manager</i>	Safdar Ali <i>Ummid Second Chances Project Worker</i>
Mohammed Munir <i>H.R. Manager</i>	Andrew Sharp <i>Ummid Second Chances Project Worker</i>
Mohammed Hanif <i>Motor Project Training Officer</i>	Liz Donoghue <i>Ummid Office Administrator</i>
Taiba Hamid <i>Project Worker</i>	Basharat Hussain <i>RAP Project Co-ordinator</i>
Sadat Wahid <i>NEET Project Worker</i>	Shafaqat Hussain <i>RAP Project Worker</i>
Arshad Mahmood <i>Second Chances Project Worker</i>	Diane Depass <i>RAP Project Worker</i>
Mohammed Arif <i>Project Co-ordinator, Probation Bradford</i>	Imran Bashir <i>RAP/ Himmat Project Worker</i>
Jabbar Ali <i>Junction Co-ordinator</i>	Paula Meredith <i>Project Worker Ummid</i>
Joanne Watts <i>Ummid Second Chances Manager</i>	Karen Holmes <i>Project Worker Ummid</i>
Shazad Ali <i>Ummid Second Chances Senior Project Worker</i>	Oulfath Hussain <i>Project Worker Ummid</i>
Zulfiqar Ali <i>Ummid Second Chances Senior Project Worker</i>	Mohib Khan <i>Project Worker</i>
Christine Elliot <i>Ummid Second Chances Teacher</i>	

### Volunteers

Fareed Ahmed	Amar Ali
Tarriq Pervez	Mohammed Asif
Khurram Shazad	Ishtiaq Hussain
Mohammed Ali	Qasim Saleh
Shabaz Ahmed	Mohammed Awais
Jasim Saleh	Zeeshan Ali
Bilal Hussain	Ajaz Jubbar
Essan Farooq	Daniel Allen
Usman Moghul	Ikram Iqbal
Ibrar Ajaib	Sadia Shafique
Zafar Mahmood	Jackie Kelly
Saeed Mahmood	Infaar Hussain
Shahid Mahmood	Mohib Khan
Mansha Khan	Andrew Sharp
Mohammed Yasser	Zubair .....
Abid Najib	Kamran Hussain
Vaqas Hussain	

All photographs in this Annual Report have been taken this year at various residentials and centre-based activities.

### Part-time Staff

Neelam Aslam <i>Project Teacher</i>	Mohammed Ozair <i>Sports Leader</i>
Israr Hussain <i>Homework Drop-In</i>	Mohib Khan <i>Project Worker</i>
Khurram Majid <i>Sports Leader</i>	Sabrina Qadir <i>Project Worker</i>
Hamza Aslam <i>Sports Leader</i>	



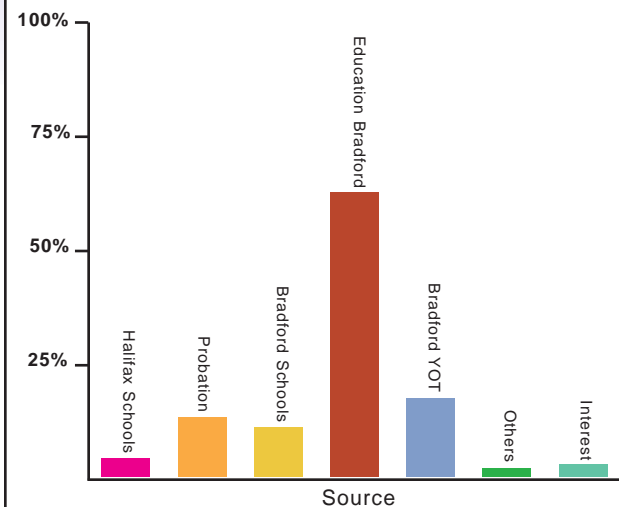


Second Chances in France

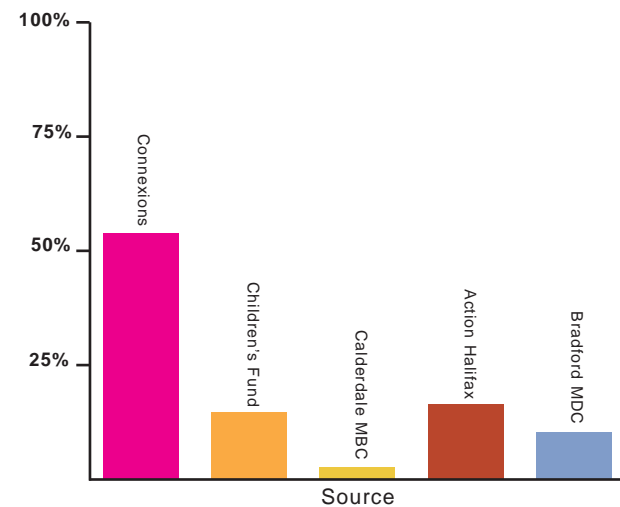
### Summary of Income and Expenditure

For the Year ended 31st March 2008

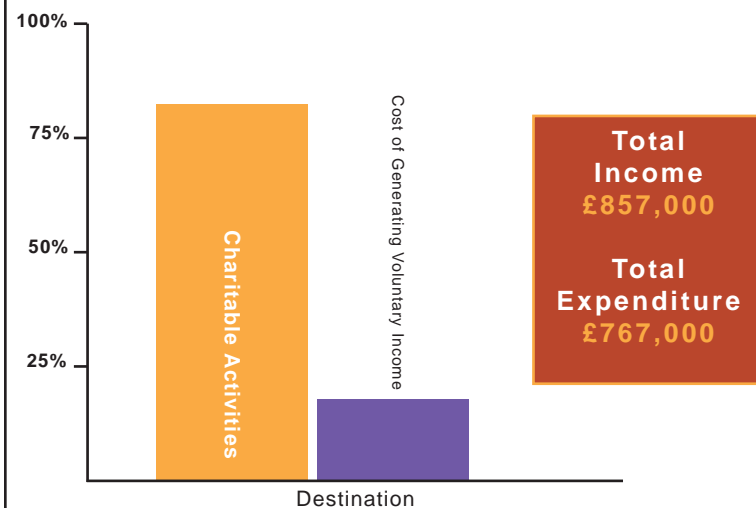
Incoming resources: Unrestricted (£674,000)



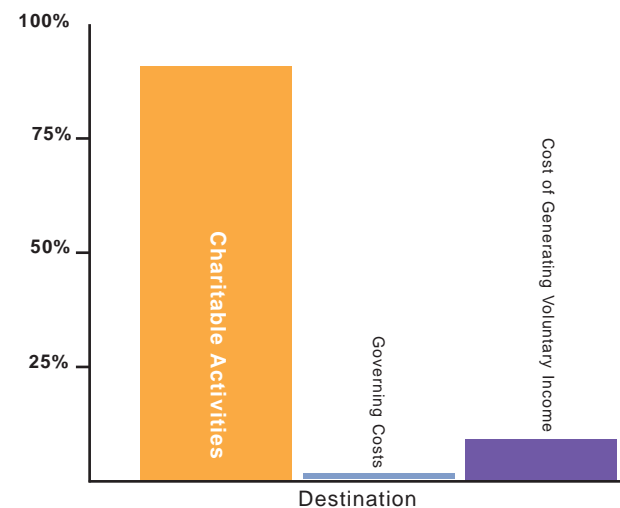
Incoming resources: Restricted (£183,000)



Resources expended: Unrestricted (£600,000)



Resources expended: Restricted (£167,000)



### Report from The Chair

The last twelve months has once again been one of considerable progress and has seen the expansion of the work that Himmat and Ummid have undertaken.

Ummid has now moved from Trinity Road in Bradford to a much larger premises at Dorset Street, which are ideally suited for the client groups we work with. Our thanks go to the YMCA Bradford for allowing us to use this building.

Ummid is now also working out of the refurbished Toller Lane Youth Café where it is delivering the newly initiated Junction project. This is a short-term intervention targeting those young people facing permanent exclusion from school, lasting up to 30 days. It affords an opportunity for them to be assessed and to receive the appropriate educational support with the aim of reintegrating them back into mainstream education. This is another good example of the innovative partnership between Himmat/Ummid and Education Bradford, a partnership that takes pride in never giving up on young people, no matter what their problems or how difficult their circumstances.

The Second Chances programme continues to go from strength to strength. As detailed in last year's report, this is a multi-racial youth inclusion project delivering education, training, individual support and positive activities for young people across Halifax and Bradford from a variety of backgrounds and differing needs - some are excluded from schools, some are at risk of exclusion and many have domestic or personal problems. Second Chances endeavours to engage with them all, to help them find solutions and develop as individuals so that they can return to school or enter further education.

The management team has undergone some restructuring and streamlining during the year. Rahat Khan, the senior manager, has taken on additional responsibilities and now manages all of Himmat's front line operations, leaving Assi free to concentrate on strategic issues and, as the public face of the organisation, continuing in the important role of key negotiator in winning further contract work. This has resulted in the increase in revenue earned during the year and the turnover that Himmat has achieved must be the envy of many private sector businesses.

Once again my thanks go to Assi and his team of dedicated staff, notably Rahat, Joanne and Jabbar in Bradford, for their sterling efforts in ensuring the continued success of the project. Many thanks to our partner organisations - West Yorkshire Probation Service, the Youth Offending Teams, Education Bradford, Connexions, Calderdale Council, Bradford MBC and others - and to the YMCA Bradford and Bradford Youth Service for allowing us to use their premises.

Thanks also to my colleagues on the management committee, fellow trustees, and volunteers for all helping to ensure that Himmat and Ummid continue to set new standards in working with vulnerable young people.

Robin Prescott  
Chair of Himmat

## Introduction

*"Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skilful execution; it represents the wise choice of many alternatives, the cumulative experience of many masters of craftsmanship."*

Willa A. Foster

Himmat is a quality product. There is only so much modesty I can maintain, but yet again it has been another successful year, with a 25% increase in revenues, additional innovative programmes enhancing the provision on offer for young people.

One of the main highlights and successes of the year was the Junction Project. Referring back to the above quote that 'Quality is never an accident', the Junction Project reinforces this and tells us that if we are dedicated to a cause then we will put all our efforts into our cause to allow it to succeed. I am confident that the Junction Project will grow and prosper in the years to come, just like Second Chances, which now operates from three different bases in Bradford. It keeps growing and there is scope to do a lot more, especially in Keighley.

This year also proved interesting and challenging as our Probation partnership in Calderdale has started to develop and all of Rahat's efforts in developing this partnership are bearing fruit.

As for the charitable work: Homework Drop In, Friday Activities, Youth Centre and Saturday Club have sustained their success and continue to grow with regular new members. Our Football teams are also going from strength to strength.

Although our success has been great, particularly due to the funding, staff and resources, I am afraid to say that times are changing - particularly funding regimes. The two main funding streams, Children's Fund and Connexions, are now being pooled together, and will be managed by the Local Authority. We will need to competitively bid for our funding. I am confident that none of our charitable projects will suffer and we will carry on providing quality schemes.

Finally I would like to thank all our partners, whose faith and support in Himmat has enabled us to be here celebrating our achievements. I also commend the dedicated and co-ordinated efforts of all our staff.

**Mohamed Aslam M.B.E., B.E.M.**  
Project Director



The Junction Project is a statutory 6th Day Education Provision, for pupils facing permanent exclusion from mainstream schooling. The project is based in the Toller Youth Café, Gillington, Bradford, working in partnership with Education Bradford and networking with Heads of schools, PRU's, AEP's, YOT, Social Services, Connexions, Youth Service and other Agencies who have complementary aims in delivering the Every Child Matters agenda.

The Junction caters for a maximum of 12 full-time placements; Pupils are assessed on enrolment and receive appropriate levels of educational entitlement with the aims of re-integrating them back into mainstream schooling. Each pupil is allocated a key worker and the pupil/staff ratio is 1:3. Places are used as a short-term intervention of up to 30 days, with a review meeting with the school and parents at the end of the placement.

From its inception in September 2007, the Junction Project has worked with 65 students throughout the district. A large number of referrals travel from as far as Silsden, Ilkley and Keighley, some travelling more than 13 miles in a taxi to attend the project.

The Junction project offers core curriculum subjects like Maths, English, ICT and a number of modules based around behaviour, Drugs Awareness, Art, Healthy living and Music. Many of the young people have very poor behaviour and achievement record. To date the unit can boast 45 Accreditations in the various subjects and an attendance record of greater than 90%.

The success of this project can be gauged by the commitment from Education Bradford to extend the life of this project in principle within the first six months of its operational life.

The Himmat U12 Football Team



## Development of staff

The Himmat Project ethos endeavours to develop people to their full potential. This includes the staff team and the professional development of our team is encouraged yearly. The range of training listed below for April 2007 to April 2008 reflects this commitment.

### External training ( All Himmat staff )

- Project Management BSC (Hons) Degree (Rahat, Jo and Bash)
- ASDAN Trainers (all staff)
- Team Teach (Safe Handling of Young People)
- Food Hygiene
- Introduction to Youth Work Level 2
- NVQ3 in Health and Social Care
- Child Protection e-learning - Bradford Safeguarding Children Board
- FA Football Coaching Level 1
- FA Football Coaching Level 2
- Solution Focused Brief therapy
- Health & Safety e-learning

The majority of staff that have completed the Introduction to Youth Work Level 2 have enrolled on the Youth Service Level 3 course.

## Highcroft - Key Stage 3 (11-14 year olds )

This provision is facilitated from Highcroft Youth and Community Centre. During the year 28 young people have attended the Project on full time basis, 26 of whom continue attending the Project to date.

The majority of the young people are referred to us by Education Bradford and Grange Technology College.

Young people attending the project cover curriculum work aiming for their SATs exams. Five year 9 pupils successfully sat their SATs exams at the project during the year. Duke of Edinburgh Award has been introduced to the Key stage 3 group and is working well.

### Highlights of the Year

- 6 young people attended a two week long Young Fire Fighters course at Fairweather Green fire station, as part of work experience. As a result, one young person received a letter of commendation and has since enrolled on the Public Service course at Bradford College in the hope of becoming a fire fighter in the future.
- Two of the young fire fighters attending Ummid shared their personal experience at a showcase event, by giving a presentation at the Alhambra Theatre. This was also highlighted in the Telegraph & Argus newspaper (see photo below).
- Throughout the year Students from both the Projects have visited various places of interest, to assist them with their ASDAN Awards. Trips have included visits to theme parks, bowling, ice-skating, digger world and various museums
- 8 extremely challenging and needy students embarked on an 8 day residential to France. As a result of the trip, one of the young people has become a volunteer at Himmat project, after a college placement failed.
- The two ex-students, who were very challenging and whose college placements had failed have now enrolled on the Millennium Volunteers Award. They attend Ummid twice a week and have undertaken ASDAN training at Himmat and are working towards NVQ 2. They also made a presentation to a Criminal Justice course at the University of Bradford.
- In July a group of young people attended a week long residential to the Isle of Tiree, (Western Isles) gaining certification, personal development skills and outward-bound skills.

### New staff

Due to the expansion of Second Chances the following staff has been employed during the course of the year:

- Karen Holmes
- Andrew Sharp
- Mohib Khan

### Work Experience

Second Chances continues to offers Schools, Universities and Colleges within the district work experience placements. The placements range from office administration to youth work skills. During the year eight students took this offer up.



## Probation

### Halifax Probation Report 2007/08

The beginning of the new financial year in 2006 started with an interesting and challenging return for Himmat to its roots at the Springhall Lane office Halifax. It was here that the first Probation partnership work commenced some 18 years ago. The purpose of this partnership was to work in collaboration with Probation Service in order to provide a relevant and appropriate service to South Asian offenders. This with a view to increase the likelihood of compliance and meaningful rehabilitation into the community.

This return of Himmat to working with Halifax Probation has been funded by Community Safety Partnership and the Probation Service which has enabled Himmat to provide a consultancy service to Offender managers 2½ days a week. It has been a slow and tentative start, but as with any change there is resistance to the status quo, but acceptance and engagement if the benefits can be demonstrated, and the quality of the service evident. Good progress is being made. Our thanks to the support that has been offered by management and staff of Halifax Probation Service at Springhall office without whose co-operation the targets set would not have been achieved and exceeded. In particular the operational support from Joan Scott and Billy Davenport has been most welcome and appreciated.

The key to our success is not just about meeting performance targets but the genuine desire to help and support offenders so that they can help themselves. Above all it is our willingness to treat them with respect and dignity and empathy without being judgmental. Just as important has been the development of positive and equal relationships with Offender managers, Offenders and more importantly their families who play a key role in our success in supporting offenders.

### Bradford

The current report aims to provide an overview of the work undertaken by the Ummid Probation Project Bradford during the period of April 2007 to March 2008. The project undertook the following work:

- 52 New Cases Co-Worked
- 40 Home Visits
- 23 Prison Visits
- 11 Hostel Visits
- 30 Pre-Sentence Reports (PSR's)
- 7 Nil Reports
- 10 Parole Reports
- 7 Mappa Meetings
- 3 Release on Temporary Leave (ROTL) Reports
- 3 Sentence Plans
- 2 Home Detention Curfew (HDC) Reports
- 1 MALRAP
- 1 SOTP Review

The City Courts currently consists of 6 Teams of Offender Managers and Case Workers, and there are 54 Officers.

The Ummid Probation Project has worked with 40 Officers during the time covered by this report. This figure amounts to 75% of Officers referring to Ummid. This figure has increased dramatically compared to the previous year meaning that we have achieved all of our contractual targets.

The main highlight of the period was the commendation given by Judge Gullick on March 4th 2008. This commendation was given to all the organisations and individuals, professionals and volunteers that were involved in the positive work carried out during and after the Bradford riots of 2001. This commendation brought about the closure of the riots cases after the last offender was sentenced a few weeks earlier.

### Resettlement and Aftercare Provisions (RAP, Bradford YOT)

2007 was a challenging and testing period for Bradford Youth Offending Team. It was time to stand up and to be held accountable for services and support to Young People and their carers, it was inspection time. The inspection process would be a robust audit of the YOT by an experienced multi-agency inspection team led by Ray Wegrzyn. Ummid was thrust into the limelight as a voluntary sector partner, and our inspection was expected to be a thorough investigation of the minutiae to ensure we were robust in our approach, delivery and documentation.

Hence a significant amount of time was spent ensuring that the overall case management was accurate and up-to-date, especially around ASSET and Risk of Serious Harm completions.

However, the thorough dedication and professionalism of Bash, and his able team, ensured that we not only survived, but excelled in this 'trial by fire'.

As a result the Bradford Youth Offending Team was hailed as an 'energetic and forward-looking organisation'. The level of support offered to young people and their carers received the 'EXCELLENT' category mark. RAP was given special mention for the seamless support it offered to its clients, which was geared towards their needs. The Inspectorate praised the level of commitment shown by the RAP team (including Ummid) and the flexibility it showed to each individual's needs. The Youth Justice Board have agreed to continue funding the RAP for a further 12-months at least.

## Not in Education/Employment (NEET)

The NEET project is now in its 4th year funded by Connexions. During the year it has contacted and actively engaged with 68 young people from across Calderdale. Sadat Wahid, Himmat's resident NEET PA, has actively engaged the 16-19 cohort through his own unique approach, using a combination of detached and outreach provision, family networks and considered all options to locate and re-engage these young people.

Sadat has continued to build upon and enhance the links with local and regional employment agencies, colleges, schools, E2E providers, employment organisations and local services in order to support the NEET cohort into Education, Employment & Training.

For the year April 2007 to March 2008 the Project has achieved the following successes:

- 18 young people into Education
- 17 young people re-entering into Further Education
- 17 young people into E2Es/Training
- 8 continue to be NEET (Classed as 'hard to move') and continue to receive intensive 1-to-1 support

## Himmat FC 2007-08

2007 was the most successful season for Himmat FC since formation in 2003. Himmat now has four teams in the local league, Under 10s, Under 11s, Under 13s, and Under 14s. We welcomed a number of new players who have boosted and strengthened our teams and now Himmat FC boasts four 20-player squads. 2007 was also a debut year in the junior league for the U10s and U11s.

Where it really matters the U13s finished a respectable 5th, higher up the table than last season. The ever improving U14s team continued from where they finished last session, by winning the summer Evening Courier tournament. Well done!

But the biggest achievement surprisingly came from the U11s who became the first ever Himmat team to win the league and were crowned champions of Calderdale junior league in April. Not only has it set a bench mark for Himmat FC, but has also encouraged a lot of other young people to take part in sport. Not to be outdone the U10s team, in their debut season just missing out on being champions on the last day of the season, losing 1-0 to Elland U10s in the title decider.

All in all it has been a fantastic season with about 70 young people playing football throughout the 2007-08 season and surpassing all expectations. Well done to the team managers, Ozair, Hamza, Khurram and Izzy, with a special THANK YOU to all those volunteers, particularly Freddo, Khurram (international superstar!) and Taz, who gave up their time and turned out in all weathers - it was worth it in the end and we look forward to your support in the future.

## Saturday Club (working with targeted Year 5 and Year 6 boys)

The Saturday club has continued with its great early success and goes from strength to strength. With an ever expanding range of activities, both within the centre and outside in the wider community. Young people have a growing menu of choices. This has been aided by the newly developed Internet Suite and refurbished facilities of the youth club. The support offered to young people has been further enhanced by the introduction of the Healthy Breakfast Scheme, which has greatly reduced the number of trips to the shop to purchase junk food! (Sorry Mr Bashir!). The scheme climaxed with the inter-school football competition. This again was highly successful, with Parkinson Lane School proving worthy winners. The overall success of the scheme however can be measured by the fact that for the first time in our history it will (due to demand) be continuing during the summer months.

## Youth Centre/Homework Drop In /Friday Activity

The last year has seen an increase in the number of young people attending the youth centre facilities. Himmat has opened 6 evenings a week for forty-seven weeks a year. The average attendance per session is over 30. Himmat has more provision on offer to young people of all ages than any individual organisation in Calderdale. This is reflected by the low level of BME young people in the Criminal Justice System.

During the year we carried out a number of evaluations at our regular Eid parties. One of the outcomes has been that a number of young people have got together and submitted a grant proposal to Youth Capital Fund. If successful Himmat would undergo a face lift and have additional activities on offer including Sky Sports, Nintendo Wii and more IT facilities.

## Himmat Motor Project

The Motor Project 'moved up a gear' in terms of delivery as it started to establish itself as an 'alternative curriculum' provider. A number of local schools have begun to make referrals. In addition the project secured a Connexions West Yorkshire Contract to deliver accredited and non-accredited training to young people aged 16-18 and classed as not in education, employment or training (NEET).

The outputs of the NEET project were very quickly exceeded and soon the Motor Project was taking on additional contractual obligations from Connexions as well as from Activity Agreement and National Children's Home, particularly over the summer period, helping more than 50 young people from across Calderdale using a seamless transition and support system.

Overall, the Motor Project helped around 70 young people over the course of the year to find their way back into education, employment or training, going onto Modern Apprenticeships, 6th Form, Further Education, Activity Agreement, volunteering and part-time as well as full-time employment.

## Ummid Second Chances

In comparison to the last year's figures there has been a significant increase in the number of students that have attended the Project this year. At the end of the academic term around 55 young people were on role. This increased income but imposed additional demands on the staff leading to a reevaluation of staffing levels. Due to increase in numbers, varying age range and group dynamics we had to split the group into Key Stages, and relocating Second Chances into two separate Units.

## Dorset Street - Key Stage 4 (14-16 year olds)

During August Second Chances (Key stage 4) was relocated to YMCA Dorset Street, a very large purpose built Youth Centre. All the Staff including the Director got their coveralls on to decorate the building. Thanks and well done to every one for getting the building ready for the new term in September.

The additional space enabled us to facilitate a 6 week long summer Arts College on behalf of and in partnership with Bradford Youth Offending Team. The Young People's achievements during the Summer Arts College were showcased with displays and a public performance at Dorset Street, in front of parents/family members, fellow Professionals and staff from Bradford YOT.

Throughout this year Ummid Second Chances Key Stage 4 project has worked with young people referred mainly from Education Bradford. Referrals from Schools around the district are slowly increasing.

Students attending Key stage 4 have achieved numerous accreditations in Youth Train Modules. These are accredited through the Open College Network. The Young People's successes was rewarded with an 8-day residential in France including a visit to Disneyland Paris.

